



MLAC Program 2016-17



These programs are subject to change. Final programs will be listed in weekly folders.

Alterations can be made based on size of age groups and it is at the committee's discretion, when age groups will be divided into gender groups. It is our preference for all of an age group to participate together where possible.

Program 1

	Event 1	Event 2	Event 3	Event 4	Event 5	Event 6
U6	LJ (1)	70	DISCUS	300		
U7B	SP	100	LJ (1)	70	500	
U7G	LJ (2)	100	SP	70	500	
U8	100	HJ (L)	70	SP	700	
U9	DISCUS	800	HJ (L)	100	700w	
U10	800	SP	100	LJ (1)	1100w	
U11B	800	LJ (1)	100	HJ (H)	SP	1100w
U11G	800	HJ (H)	100	LJ (2)	DISC	1100w
U12	800	DISC	TJ (2)	100	HJ (H)	1500w
U13+	800	TJ (2)	100	DISC	HJ (H)	1500w

Program 2

	Event 1	Event 2	Event 3	Event 4	Event 5	Event 6	Event 7
U6	SP	50	200	HURD	100		
U7B	50	HURD	200	DISC	HJ (P)		
U7G	50	HURD	DISC	200	HJ (P)		
U8	DISC	HURD	LJ	200	400		
U9	HURD	400	SP	200	LJ	70	
U10	400	DISC	HURD	200	HJ	70	
U11B	1500	JAV	400	HURD	DISC	TJ (2)	200
U11G	1500	JAV	400	HURD	SP	TJ (1)	200
U12	1500	JAV	400	SP	HURD	200	LJ
U13+	1500	JAV	400	LJ	200	HURD	SP