

## Set up and pack up Roster

### Week 1

Event	Set up	Pack up
Discus 1	U6	U14+
Discus 2	U7 Girls	U7 Boys
Shot put 1	U12	U9 Girls
Shot put 2	U8 Girls	U8 Boys
Javelin	U11 Boys	U13
Long jump 1	U10	U11G
Triple/Long Jump 2	U13	U12
High Jump 1	U11 Girls	U11 Boys
High Jump 2	U9 Girls	U8 Girls
High Jump 3	U8 Boys	U9 Boys
Short Track	U14+	Last event
Long Track	U9 Boys	

### Week 2

Event	Set up	Pack up
Discus 1	U11 Girls	U10
Discus 2	U8 Girls	U9 Boys
Shot put 1	U13	U11 Girls
Shot put 2	U7 Girls	U6
Long Jump 1 & 2	U14+	U9 Girls
Long Jump 3 (Gurrs Rd)	U7 Boys	U8 Girls
High Jump 1	U13	U12
High Jump 2	U10	U10
Hurdles (small)	U6	U7
Hurdles (large)	U9	U14+
Short Track	U8 Boys	
Long Track	U12	

### Tasks

#### Discus and Shot put

Put up bunting. Collect your equipment from the cart plus a set of numbered markers and measuring tape. Sweep out the rings.

#### Javelin

Collect javelin bag from shed plus a set of numbered markers and measuring tape. Place cones to mark the throwing arena.

#### High jumps

Collect mats from trolley, collect uprights and metal crossbar from shed.

#### Long / triple jump

Collect trolley from shed plus rubber take-off mat and powder (for LJ1 and Gurrs Rd). Sweep down track. Take off boards will need to be measured out and marked for TJ (pit 2).

#### Hurdles

Collect hurdles from trolley and place onto the track. Check spacing between hurdles and height is set for first event (U8+9).

#### Short and long tracks

Collect timing gear. Place finishing posts and distance markers. Put up marque near 400 m start / finish.